

# Edge School - NOTICE

Please be aware of the **Temporary COVID-19 Face Coverings Bylaw** (BYLAW NUMBER 26M2020), which will be in effect on August 1, 2020. <u>COVID-19 - Face Coverings Bylaw</u>

# All visitors to Edge will be required to wear a face mask while inside the facility.

You must have a mask with you at all times. All persons/athletes coming to Edge to train and/or rent the facility must wear a mask as they enter the building.

Masks will not be required for persons who are actively engaged in a physical activity in one of our facilities.

We thank you for your understanding and cooperation in this matter. Abiding by these guidelines will help keep the facility, as well as our staff and users, safe and healthy.

Thank You,

The Management



# Edge School - Covid-19 General Rules

In our attempt to maintain a safe and sanitary environment for all students, athletes, staff and families, please respect the following 'General Rules' in our facility. Please note that additional rules and procedures will be in effect for each of our specific areas (studios, gyms, DPC, arenas, etc.) and may be modified at any time.

Proper signage and procedures are in place. Specific entry and exit plans for each of our facilities are indicated. Hand sanitizing stations have been added. Improved cleaning schedules are now in place. We ask that you work with us in order to help keep our facility, our staff, our students and our clients safe and healthy.

All patrons and clients who wish to enter Edge School during the declared pandemic have the understanding of the increased risk of Covid-19. You will enter the building at your own risk.

Thank you for your cooperation!

## **Social Distancing:**

- There can be no carpooling to travel to Edge School unless individuals are from the same household.
- No physical gatherings of any size are permitted in the parking lot areas. Tailgating is prohibited in the parking lot.
- Individuals must maintain physical distancing of at least 2 metres from others, unless they are from the same household.
- There can be no shaking of hands, high fives, fist bumps, etc. between individuals.
- Individual or group instruction must only be conducted with appropriate physical distancing of at least 2 metres, unless the individuals are from the same household.
- There can be no loitering after training sessions.
- After activities, individuals must maintain physical distancing when returning to vehicles or homes.

#### Hygiene:

- Caution should be taken around common touch points; proper hand hygiene should be practiced.
- Wash your hands frequently.
- *Refrain from touching your face with unclean hands.*
- Practice respiratory etiquette.
- Cough or sneeze into the crook of your elbow.
- No spitting, clearing of nasal passages, handshakes, high fives, fist bumps, chest bumps, or group celebrations allowed.
- No sharing towels, clothing, and other personal items.
- No sharing of water bottles or food.
- Carry and use hand sanitizer containing at least 60% alcohol content.
- Wear a mask in public places to help limit the risk of spread to others if you will be within 2 metres of people other than members of your own household.



### Sanitization:

- Activities in public spaces should not include the sharing of common equipment, unless the individuals are from the same household.
- Clean and disinfect equipment prior to and after use. Equipment should be assigned to individuals only. Items may not be shared unless done so by members of the same household.
- Hand washing stations and/or hand sanitizer containing at least 60% alcohol is available for patrons.
- Please observe all signs outlining policies and procedures.
- Please note that our staff will be visible on property and understand that they will be there to help enforce the physical distancing procedures. Those not following these procedures will be asked to leave the facility.
- These procedures are in effect until further notice. As this situation progresses, we will continue to monitor all developments and update our policies and procedures accordingly.

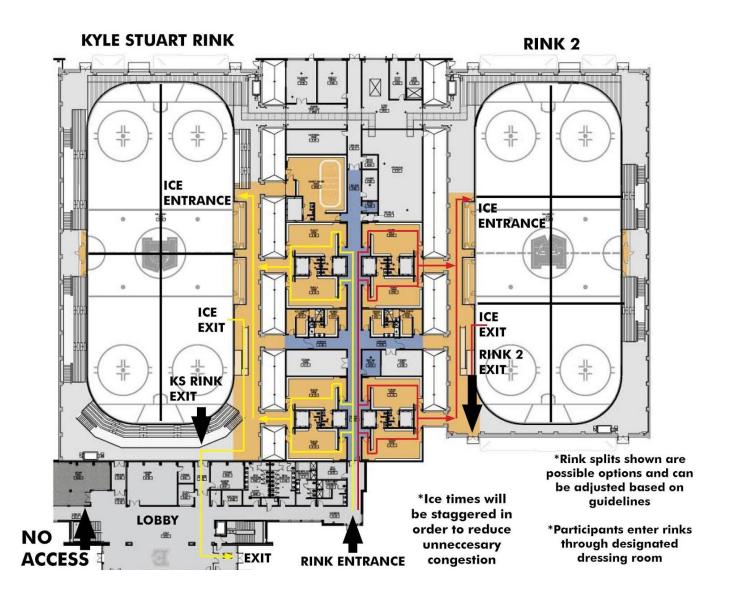
## Edge School - Covid-19 Arena Rules

In addition to the General Rules listed above, further 'facility specific' rules are as follows:

- If you are driving a student/athlete to the school, please note that you will not be allowed to enter the arena complex. Also, please respect all social distancing guidelines if you are waiting for your child in the parking lot.
- Athletes may not arrive any earlier than 30 min before your scheduled ice time.
- Early access to Edge School arenas is not permitted. If you are early, please wait in your car or 'socially distanced' outside.
- Physical distancing of 2m is mandatory on and off the ice (unless you are considered a designated cohort).
- You will enter through the 'Hockey Hallway' arena entrance and follow the floor signage to your arena (signs will be posted accordingly).
- Ice times will be staggered between the two arenas, in order to prevent unnecessary congestion in the 'Hockey Hallway'.
- Change rooms are now available. Please respect the social distancing signage in each room. There can be no more than 12 people per dressing room. Mask wearing is also in effect as per the Face Coverings Bylaw.
- Showers are now available, but subject to any future AHS guidelines and restrictions.
- Spectators are not allowed inside the building.
- Records will be kept on attendees (by the group) in order to facilitate contact tracing in the event of an outbreak.
- The instructor will ask if athletes have had their temperature checked (by themselves or their parents) at home.
- The instructor will ask if athletes have referred to the Alberta Health Services Covid-19 Screening Questionnaire in order to check for symptoms.
- The instructor will ask if athletes feel flu-like symptoms, have traveled recently, or know someone with Covid-19.
- If the instructor is not satisfied with any of these responses, he/she may ask the athlete to leave the facility.
- There will be no group gatherings on the ice at any time. This includes the instruction of drills; physical distancing is always in effect.
- Ice sessions for hockey will consist of individual skills training only (skating, puck skills, conditioning, etc.).
  - Body contact is only allowed if you are part of a designated 'Cohort'. For details on the nature of cohorts, please refer to AHS guidelines: <u>COVID-19 Guidance for Day Camps</u>



- Goalies are permitted on the ice, however, social distancing guidelines must be followed. Shots on the goaltender may be taken, but rebounds must not be followed up with in the crease (within a 6 foot radius).
- Once your ice session and you are changed, you will exit the arena via a different exit plan for each arena. All Kyle Stuart Arena players will exit the arena using a doorway into the lobby, then out the main sliding doors of the school. All Rink 2 players will exit the arena using the exit door inside Rink 2. This exit will take you directly outside, to the main parking lot (signs will be posted accordingly).
- As many doors as possible will be propped open in order to limit physical contact. (NOTE: some doors may need to remain closed due to ice conditions in the arenas).
- Hand sanitizer dispensers will be available around the facilities.
- Washrooms are now available, but subject to any future AHS guidelines and restrictions.
- Other areas of Edge School will be off limits.
- Please note that our staff will be visible on property and understand that they will be there to help enforce the physical distancing procedures. Those not following these procedures will be asked to leave the facility.
- Failure to comply with these rules, either on or off the ice, will result in the participant(s) being asked to leave the facility. Future rentals/bookings at Edge School would also be at risk.





# Edge Gym Specific Protocols:

- Physical distancing of 2m is mandatory on and off the court (unless you are a designated cohort).
- Athletes may not arrive any earlier than 10 min before your scheduled training time.
- Early access to Edge School gym is not permitted. If you are early, please wait in your car or 'socially distanced' outside.
- You will enter through the 'Main Lobby' sliding door entrance and follow the floor signage to the gym (signs will be posted accordingly).
- You must come to the gym ready for your training time. All dressing rooms will be closed at this time. (signs will be posted accordingly).
- Spectators are not allowed inside the building.
- Records will be kept on attendees (by the instructor) in order to facilitate contact tracing in the event of an outbreak.
- The instructor will ask if athletes have had their temperature checked (by themselves or their parents) at home.
- The instructor will ask if athletes have referred to the Alberta Health Services Covid-19 Screening Questionnaire in order to check for symptoms.
- The instructor will ask if athletes feel flu-like symptoms, have traveled recently, or know someone with Covid-19.
- If the instructor is not satisfied with any of these responses, he/she may ask the athlete to leave the facility.
- You will abide by the guidelines and procedures during your session as per AHS instructions.
- Every athlete must have their own water bottle. (no sharing)
- Spitting is strictly prohibited.
- There will be no group gatherings on the court at any time. This includes the instruction of drills; physical distancing is always in effect.
- Once your session is finished, you will exit the gym via the gym tunnel, respecting the traffic markings on the floor.
- Washroom facilities are available immediately outside the gym tunnel only. All other dressing rooms and washrooms will remain closed.
- Other areas of Edge School will be closed and off limits. The cafeteria, academic wing, Athletic Therapy Clinic, Golf Centre, etc. will be closed to everyone.
- No physical gatherings of any size are permitted in the parking lot areas. Tailgating is prohibited in the parking lot.
- Please note that our staff will be visible on property and understand that they will be there to help enforce the physical distancing procedures. Those not following these procedures will be asked to leave the facility.
- These procedures are in effect until further notice. As this situation progresses, we will continue to monitor all developments and update our policies and procedures accordingly.