

YMCA Calgary Ice Rental Guidelines

The YMCA Calgary Guidelines for ice rentals were developed to help us navigate the changes to facility usage due to the new reality of COVID-19. The guidelines are based on the Return to Sport, Physical Activity and Recreation – Stage 2 Guidelines developed by the Government of Alberta. The YMCA Calgary guidelines will be followed by all rental groups and individuals inclusive of spectators and officials until further notice.

City of Calgary Mandatory Mask Bylaw - All patrons and participants entering YMCA Calgary facilities must wear a face covering while in the arena unless they are on the ice/bench area and are participating in intense physical activity. Upon entering and exiting the arena everyone, including children over the age of 2, must have a face covering and must keep it on until the ice session starts. We highly recommend coaches that are not on the ice and are in the bench area wear a face covering.

Facility Considerations

Staff and Volunteers:

1. YMCA Calgary staff are responsible to ensure that all guidelines, rules, and policies are adhered to at all times within all areas of the facility, inclusive of the arenas

Points of Entry and Controlling Access:

- 1. Participants can use the designated drop-off and pick-up zones for this purpose only. Parking for any other purpose in these areas is prohibited and we encourage the use of the parking lot for longer term parking
- 2. Hand sanitizer will be placed at the entry/exit points. All patrons are encouraged to use the hand sanitizer upon entry and exit. Bringing personal hand sanitizer is also encouraged
- 3. All payment for use of the ice surface are prepaid, therefore handling of money is not required
- 4. Participants should arrive in intervals to avoid crowding at the access points. Teams should have their participants arrive in 5-minute increments beginning 15 minutes prior to game/usage time. Participants will have 15 minutes after the game to change and exit the facility
- 5. Designated benches for putting on skates/equipment will be identified for use by each team/group
- 6. Participants will follow the "way-finding" tools (e.g. floor decals) put in place to guide patrons entering and exiting the facility
- 7. Access doors will be locked between user groups in order to manage the flow of traffic at the access points. Emergency exits are available if required



Facility Screening:

- All participants, spectators and officials are required to complete an on-line health screen prior to accessing the facility and may be required to show screen status to a YMCA staff member. Please visit: www.ymcacalgary.org/screening
- 2. We reserve the right to carry out manual screening if participants are unable to demonstrate their electronic screen status
- 3. Any participant, official or spectator that is exhibiting any symptoms or is unwilling to participate in screening will not be allowed to access the facility

Sanitization, Cleaning and Disinfecting:

- 1. Hand sanitizer will be available for everyone who accesses the facility to use
- 2. Chairs used for all activities will be regularly disinfected
- 3. Spectator areas will be cleaned at an increased frequency
- 4. Public washrooms will be cleaned regularly
- 5. Players benches will be sanitized after each game/usage
- 6. Equipment used by rental groups must be sanitized before and after use by the rental group

Locker Rooms and Change Rooms:

 Dressing rooms will be available for use if required. Please adhere to maximum occupancy for each space and maintain social distancing when in the dressing rooms. Access to chairs will be available for groups to use in order to tie up skates and rest when not engaged in physical activity

Shane Homes YMCA at Rocky Ridge

- Dressing Rooms A & B Maximum occupancy is 11
- Dressing Room C Maximum occupancy is 9
- Dressing Room D Maximum occupancy is 10

Brookfield Residential YMCA at Seton

- Dressing Rooms 1-10 Maximum occupancy is 12 per room
- 2. Chairs used during the rental will be disinfected between rentals
- 3. Showers will not be accessible and will remain closed



Physical Distancing:

- 1. Due to the increase in time required to properly disinfect spaces, a longer period between rentals may be required.
- 2. The number of participants allowed on the player benches will be greatly reduced to 5 players/individuals in order to adhere to the physical distancing requirements. Markings will be placed along the boards for all players/participants while they are not engaged directly in the game/activity.
- 3. All rental groups will be required to limit groups sizes to 50 including coaches and officials

Spectators:

- 1. One spectator per participant will be allowed
- 2. Maximum of 50 spectators allowed per booking inside the arena
- 3. There is no spectating allowed from outside the arena in the lobby areas
- 4. Spectators must be wearing a mask and be practicing social distancing at all times
- 5. Parents not spectating are to arrive 5 minutes before ice times end (one parent per child can access the facility to assist a child)

Encouraging Participant Hygiene:

- 1. Hand sanitizing is encouraged before, during and after activities
- 2. Spitting, clearing of nasal passages is prohibited at all times
- 3. Good respiratory etiquette should be used when coughing or sneezing (i.e. Coughing and sneezing into a tissue or crook of elbow)
- 4. Patrons and participants may wear masks when they are not engaging in intense physical activities
- 5. All water fountains will be turned off with only bottle fillers available. Personal water bottles are allowed, however sharing of water bottles should be avoided
- 6. Patrons are asked to refrain from cheering and yelling as it presents a high risk of spreading droplets
- **7.** Face masks will be sold in vending machines. Hand sanitizer will be available and should be used before and after using the vending machine

Communication:

- 1. All rental groups are required to educate their participants on the YMCA arena and facility guidelines including the need to complete the on-line YMCA Health Screening for all individuals accessing the arena
- 2. All rental groups will be required to sign a new contract
- 3. All rentals are required to provide an outline of their league protocols



Rapid Response to Symptomatic People:

- 1. All groups will be required to provide accurate attendance lists for the purpose of "Contact Tracing" should this be requested or required
- 2. Suspected or confirmed cases require additional dis-infection of the area. A 72-hour closure will be implemented in the event of a suspected or confirmed case. YMCA Calgary will communicate any closures to all affected groups in a timely manner
- 3. Designated spaces will be identified for symptomatic individuals



SHANE HOMES YMCA at ROCKY RIDGE

Enerplus Arena Rental Information Welcome to the Shane Homes YMCA at Rocky Ridge!

Facility Address

Shane Homes YMCA at Rocky Ridge: 11300 Rocky Ridge Road NW Calgary, AB T3G5H3

Access Point

Please enter and exit the facility through the Arena Entrance which is located on the northwest side of the building. You do not need to enter the main facility to access the arena. Face coverings are mandatory as per the City of Calgary Bylaw and must be worn by all patrons over the age of 2 when entering the premises. Upon arrival, check in with the Arena Attendant on site who will check the status of each participants Health Screening. They will then direct you to your designated area. **Refusal to complete a YMCA Health Screen means no access to the facility.**

Please note regarding arena parking: The arena entrance will be the only entrance that remains open after the main facility closing hours and there will not be access to the other facility entrances.



Building healthy communities



Rules & Regulations

- It is mandatory that all individuals on the ice surface, including coaches, must wear CSA Approved winter sport helmets and skates. Bike helmets are not allowed.
- All hockey or shinny participants must wear proper safety equipment, which includes pads, gloves, and CSA Approved winter sport helmets and skates.
- Individuals under the age of 18 years cannot be on the ice surface without a coach or adult present.
- No one is allowed on the ice while the resurfacer is in use. Access to the ice is not permitted until the Arena Attendant has completed the ice resurfacing process and the doors for the ice resurfacer are closed.
- Rental groups are expected to adhere to agreed-upon rental times, ensuring that individuals exit the ice surface in a timely manner at the end of each session.
- Rental groups must ensure that the arena area is kept clean and free of obstructions from bags and gear.
- Rental groups are required to follow all YMCA Calgary policies and procedures, which includes conducting behavior in a respectful, responsible, caring and honest manner.
- Smoking is not permitted within 7.5 m of the building.
- There is zero tolerance for smoking and/or vaping within the facility.
- There is zero tolerance for consumption of alcohol on YMCA Calgary premises, and it is not permitted anywhere within the facility or the parking lot.

Health & Safety Protocols

- The nearest emergency exit from the Enerplus Arena is located on the northwest side of the building at the Arena Entrance.
- The nearest First Aid Room is located on the northwest side of the arena beside the Rink Attendant's office.
- The nearest AED (automated external defibrillator) is located on the wall outside the First Aid Room located beside the Rink Attendant's office.
- In case of an emergency please contact the Rink Attendant or a Duty Manager.
- A Duty Manager will be on site at all times and will support in the following ways:
 - Provide first aid
 - Provide assistance in the case of an emergency or a difficult situation
 - Answer any questions you may have

